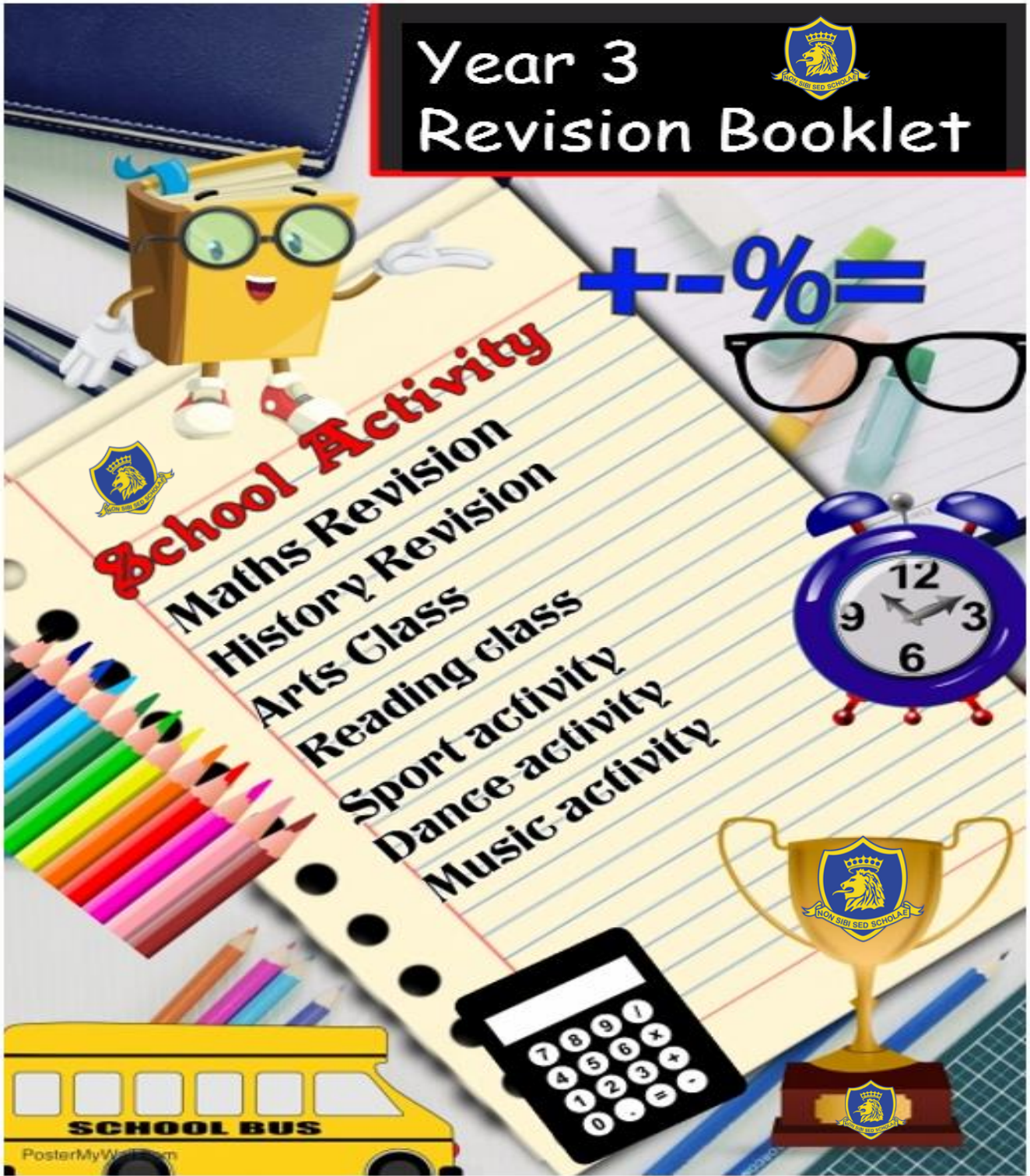


Year 3 Revision Booklet



Pupil Name:

Class:

Parent/Guardian:

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Wellbeing for revision & exams – A Student Guide

Wellbeing for revision & exams

A Student Guide

Know that everyone will have different experiences when studying for exams. It's perfectly normal to feel stressed & anxious

Create a revision timetable & balance that with a plan for rest and social interaction. Quality time away from studying resets your body and your mind

Data, test and exams does not define you as a person. You can only do your best and know that a troubled mind will soon pass

When you are feeling anxious or tired, breathe slowly and deeply. Breathe in, and slowly release your breathe counting

1 2 3 4 5

Practice mindfulness in whenever and wherever possible. It's an excellent form of relaxation and time for you

Create a calming music playlist as this will help to reduce your heart rate and help you with your anxiety

Get plenty of sleep. Drink water and try and stay away from caffeine and fizzy drinks. Water helps with hydration and focusing on your studies

Jot, Write, Doodle, Draw or Audio or Video record your anxiety. Vent your worries in a way that works for you.

Do not suffer in silence. Share your worries and concerns with a friend, parent or teacher

Wellbeing for revision & exams – A Parent Guide

Wellbeing for revision & exams

A Parent Guide

Help your child stick to a revision, study and social timetable so that they can get some focussed rest time as well as study time. Stick them all over the house

Check-in regularly with your child to see if they are ok? Simple questions like 'Is there anything you need...?' can go a long way

Encourage them to eat a well balanced healthy diet, if possible as this will keep their brains focussed and their bodies healthy. A few cheeky treats here and there

Make or purchase a very special DO NOT DISTURB sign to show how supportive you are of them dedicating revision & study time toward their exams

Never over hype the importance of an exam. Don't put hard pressure on them, just be as emotionally supportive as you can. Remember to tell them how important they are in your life

Create special revision & wellbeing spaces in the home and make sure you inform other members of the family when they need time for revision. Sharing is caring

Reward your child verbally and with a treat such as a mystery drive, cinema, bowling or whatever you know will have an impact. Offer to spend time with them is what helps

Encourage them to stick to a good sleep pattern. Don't be forceful, just lead by example if need be

Exams and revision can be stressful for you too as parents, so be mindful of your own stress and anxiety triggers. Show them your coping mechanisms too

Message from Ms Elena Ignatiou

April 2021

Dear Students,

As you enter into the final phase of this academic year, you should reflect on your efforts and achievements in the first two terms, and begin your systematic revision for End-of-Year exams.

You have learned to adapt to this new normal, and have become masters of Teams and the various educational resources used to supplement remote lessons. You must be very proud of yourselves!

Due to this year's disruptions and the prolonged period at home, we have adapted the End-of-Year Exam programme and incorporated revision weeks into Term 3. You will only have four final exams, in the core subjects.

Examination time can be stressful. However, having a solid revision plan in place, managing your time wisely, and working systematically will prepare you for the final stretch. In this package, you will find information about the topics to revise for each subject, as well as tips for studying.

Your teachers and parents are here to support you throughout this time, offering encouragement and guidance along the way. We believe in you – set the bar high!

The journey to learning is not an easy path. Learn from your mistakes. Plan accordingly. Revise thoroughly.

Remember: success is a reflection of your efforts. With great effort, comes great reward.

Wishing you all the best.

Sincerely,
Ms Ignatiou

Message from your Head of Year: Ms Katie Demetriou

Dear Year 3,

Well done for the progress you have made this year under challenging conditions. I am proud of you all for reaching this stage. The final exams are coming up and I wish you every success.

Exams are a part of school life and the more prepared you are for them, the more likely you are to reach your targets in each subject. This is why organising your time and using good revision techniques are very important. Planning your revision is essential. If you spread out your revision in the upcoming weeks and revise systematically, you are more likely to be calm and confident during your exam.

Remember that the Year 3 Pastoral team, consisting of your tutors and your Head of Year are here to support you and guide you. If you are experiencing anxiety about the exams and would like to talk to us let us know.

Please read through these revision tips:

1. Make yourself a revision timetable.
2. Revise your subjects in manageable chunks.
3. Take breaks to relax.
4. Vary the way you revise. Don't always just read through notes, make summaries, draw diagrams, construct mind maps.
5. Practice by doing exercises or tasks relevant to the subject. Doing a past paper in each subject will help.
6. Get sleep. Stick to your regular sleeping schedule.
7. Eat healthily.
8. If you feel stressed or anxious talk to your teachers. We are here to help you.

All the best and Good Luck in your exams.

Study Skills

Study skills or *study strategies* are approaches applied to learning. They are generally critical to success in school and are essential for acquiring good grades. Learning these skills will be beneficial to you throughout your life. Any skill which boosts a person's ability to study and pass exams can be termed a study skill, and this could include [time management](#) and motivational techniques.

Study Skills are discrete techniques that can be learned, usually in a short time, and applied to all or most aspects of study.



At The English School we recognise that examinations can cause fear and panic. Everyone who has ever taken an exam remembers the racing pulse and damp palms right before they turned the paper over and began to work on it. Don't worry: there are ways for you to become more confident when it comes to taking exams. Preparation is key to success.



Time is the most valuable resource a student has. It is also one of the most wasted of resources. Avoiding study is the easiest thing in the world. It's up to you to use your time effectively and efficiently. We recommend that you spend 1 -1 ½ hours studying each night. Don't ignore the tougher topics: it is important that you devote sufficient time to all your subjects. Use this revision list to guide you! Before you know it the exams will be over and you'll be accepting congratulations on your fine results!



Preparing for Exams

The most important part of preparing for an exam is knowing *what* to study. Look back over subjects you've spent a long time with during classes, check back over what you were assigned to read and topics of essays and homework, and even ask your teacher in case they are willing to give a few hints. Once you know what to study, all you have left is to know *how* to study.

Remember to study:

- In comfortable clothes.
- In a well lit, quiet and cool room.
- Having eaten a good meal.
- Without the television, radio or Internet disrupting you.
- A little bit every night- not by cramming everything in the night before the exam.
- Class and homework notes.
- Past exam papers.
- By predicting and answering questions that may come up.
- With a study partner
- By making flashcards.
- By making a final, one page "review sheet" that you can carry with you for final moments of studying on the bus or before entering your exam.

"If you employed study, thinking and planning time daily, you could develop use the power that can change the course of your destiny!" - W. Clement Stone

While we know or think studying can be dull, studying is part and parcel of being a student, so why not make it as easy as possible? This revision guide will help!



Do you **ASPIRE** to achieve exam success? If the answer is 'yes'- think:

A: Approach/attitude/arrange

- Approach your studies with a positive attitude
- Arrange your time to avoid distractions



S: Select/scan

- Select a reasonable chunk of material to study
- Scan the text for keywords and vocabulary: highlight keywords and mark what you don't understand

P: Put/Piece

- Put aside your books and notes
- Piece together what you've studied, either alone or with a parent/guardian



I: Inquire/inspect:

- Inquire from teachers if you require academic support or assistance
- Inspect what you did not understand.

R: Re-examine the content | Reflect on the material

- Re-examine: What questions are there yet to ask? Is there something I am missing?
- Reflect: Can I improve my understanding?



E: Evaluate/examine/explore:

- Evaluate your results on tests and tasks: what are your strengths and weaknesses?
- Examine your progress: toward achieving your goals
- Explore options: with a teacher or parent/guardian if you are not satisfied.

Working successfully towards the end-of-year exams

Planning your revision

1. Count the sessions / topics
2. Write them down by filling in the date boxes in the below [Revision Schedule](#). In this Revision Guide, you will see the date of each of the exams you will take. Please also review your exam timetable as distributed by the Exams office. Using this decide on your revision plan for the week before the beginning of the exams as well as the time during the exams.
3. Leave time for RELAXATION, HOBBIES, GOING OUT – it is, of course, useful to cut down during the weeks just before the exams.
4. Again, put a copy somewhere in your study area and refer to it on a daily basis.

Subject Exam Dates and Revision Topics



English

Exam Date: Monday, 7th June 2021

Duration: 2h15m **Time:** 08:00-10:15

Over the course of the year you have been working on developing your Reading, Writing and Speaking Skills by engaging with a variety of fiction as well as non-fiction texts.

The English End-of-Year Exam requires you to respond to an unseen extract through comprehension questions including language analysis. You will also have an empathy task based on the novel 'To Kill a Mockingbird' which will be persuasive in style. Additionally, there will be a narrative or descriptive composition where you will be asked to write the opening paragraph.

In preparation for your exam you should undertake a number of revision tasks including what is outlined below.

Topics of revision:

1. **Reading Comprehension**
2. **Directed Writing** based on 'To Kill a Mockingbird'
3. **Persuasive writing**

Resources:

- 'To Kill a Mockingbird' - Chapters 16-22
- Language Booklet pages 71-102

Tips / Comments from the teacher:

When revising 'To Kill a Mockingbird' focus on the character development of Atticus, Scout and Jen as well as the themes of racism and justice.

Greek

Mainstream

Exam Date: Wednesday, 9th June 2021

Duration: 1h00m **Time:** 08:00-09:00

- To compare a known text with an unknown
- To know the historical or social background of the text
- To know the ethos of the characters, their thoughts and emotions
- To know the plot of the text
- To know the name of the writers and the title of the texts
- To understand which values each text represent, e.g. the antiwar message of the text, love for your country
- To identify basic characteristics of the technique e.g. figures of speech, images, contrast, realism, irony
- To know the narrative techniques e.g. dialogue, description, narration, flashbacks
- To identify the genre of the text, e.g. poem, short story, novel



Topics of revision:

ΚΕΙΜΕΝΑ ΛΟΓΟΤΕΧΝΙΑΣ

A. Λογοτεχνία και εφηβεία

1. Μένης Κουμανταρέας, “Ο γιος του θυρωρού” (απόσπασμα) σ. 155
2. Ερση Σωτηροπούλου, “Μάτια μέσα στη νύχτα” (απόσπασμα) σ. 194
3. Άννα Φρανκ, “Το ημερολόγιο της Άννας Φρανκ” (απόσπασμα) σ. 181

B. Οικουμενικές αξίες και Λογοτεχνία

4. Τ. Λειβαδίτης, “Αν θέλεις να λήγεις άνθρωπος” σ. 78
5. Τ. Νικηφόρου, “Όταν πεθαίνει ένα παιδί” σ. 62
6. Α. Παστελλάς, “Άδεια θρανία” σ. 109

ΝΕΟΕΛΛΗΝΙΚΗ ΓΛΩΣΣΑ

Ενότητα 3: “Είμαστε όλοι ίδιοι. Είμαστε όλοι διαφορετικοί” σ. 45 - 62

Ενότητα 5: “Ειρήνη - Πόλεμος” σ. 87 – 104

Ενότητα 6: “Ενεργοί πολίτες για την υπεράσπιση των οικουμενικών αξιών” σ. 105 – 120

Σημείωση: τα αίτια του ρατσισμού από την ενότητα 3 και τα αίτια των πολέμων από την ενότητα 5 είναι εκτός της εξεταστέας ύλης.

Resources:

Ο Λόγος Ανάγκη της Ψυχής (Παιδαγωγικό Ινστιτούτο Κύπρου, ΥΑΠ)

Νεοελληνική Γλώσσα Γ' Γυμνασίου - εκδ. ΙΤΥΕ «Διόφαντος»

Tips / Comments from the teacher:

Παράλληλα με τα υποχρεωτικά κείμενα που αποτελούν τον κοινό κορμό, θα υπάρχει και άγνωστο κείμενο στις τελικές εξετάσεις για συνεξέταση με τα γνωστά.

θα υπάρχουν ερωτήσεις κατανόησης, λεξιλογικές ασκήσεις για το κείμενο που θα δοθεί (συνώνυμα - αντώνυμα, δημιουργία ή μετατροπή προτάσεων, παραγωγή, ετυμολογία) και παραγωγή γραπτού επικοινωνιακού λόγου (350 λέξεις)

Non-Native A

Exam Date: Wednesday, 9th June 2021

Duration: 1h00m **Time:** 08:00-09:00

Topics of revision

- To compare a known text with an unknown
- To know the historical or social background of the text
- To know the ethos of the characters, their thoughts and emotions
- To know the plot of the text
- To know the name of the writers and the title of the texts
- To understand which values each text represent, e.g. the antiwar message of the text, love for your country
- To identify basic characteristics of the technique e.g. figures of speech, images, contrast, realism, irony
- To know the narrative techniques e.g. dialogue, description, narration, flashbacks
- To identify the genre of the text, e.g. poem, short story, novel

A. ΛΟΓΟΤΕΧΝΙΑ ΚΑΙ ΕΦΗΒΕΙΑ

1. Έρση Σωτηροπούλου, «Μάτια μέσα στη νύχτα», απόσπασμα (σ. 194)
2. Πόλυ Μηλιώρη, «Παρά τρίχα», (σ. 172)
3. Άννα Φρανκ, «Το ημερολόγιο της Άννας Φρανκ», απόσπασμα (σ. 181)

B. ΟΙΚΟΥΜΕΝΙΚΕΣ ΑΞΙΕΣ ΚΑΙ ΛΟΓΟΤΕΧΝΙΑ

ΤΑ ΟΠΙΑ ΤΗΣ ΠΟΙΗΣΗΣ – ΠΑΝΑΝΘΡΩΠΙΝΑ ΙΔΑΝΙΚΑ

4. Τάσος Λειβαδίτης, «Αν θέλεις να λέγεσαι άνθρωπος» (σ. 78)
5. Τόλης Νικηφόρου, «Όταν πεθαίνει ένα παιδί» (σ.62)
6. Α. Παστελλάς, “Άδεια θρανία” σ. 109

Non-Native B

Exam Date: Wednesday, 9th June 2021

Duration: 1h00m **Time:** 08:00-09:00

SYLLABUS 3NNS (A2)

UNIT 1: Me and others/ Knowing the Internet/ description of a person/ profession/ family members/ Present Simple/ Past Simple/ Nouns (Singular/ Plural/ genders)

UNIT 2: Advertisements/ Amusement/ Free time/ Genitive/ Clothes/ Personal Pronouns/ Direct and Indirect Objects

UNIT 3: Great weather! Let's go outside! /Public Transport/ Travelling/ Hotel booking/ Reservations/ Weather/ Future/ I am planning a trip/ description of a trip- excursion

UNIT 4: Greetings/ Happy birthday/ indeclinable words/ adverbs/ public services/ direct & indirect speech/ asking for information/ formal & informal types of letter (i.e. writing letter to my best friend/ writing letter to my boss/ teacher)

UNIT 5: Safety above all! Able to make suggestions for somebody's health and safety at home/ Subjunctive/ Healthy eating habits/ Indefinite pronouns (ένας, μία, ένα, κανείς, καμιά, κανένα, κάθε (indeclinable), καθένας, καθεμιά, καθένα, κάποιος, κάποια, κάποιο, μερικοί, μερικές, μερικά, κάτι (indeclinable), τίποτα (τίποτε) (indeclinable), άλλος, άλλη, άλλο),/ going to the doctor

SYLLABUS 3NNS (A1)

UNIT 1: Introducing yourself and others (where you are from, where you live etc)/ description of a person/ identifying the gender of the noun according to the ending

UNIT 2: Amusement/ Free time/ / Clothes/ Personal Pronouns

UNIT 3: Great weather! Let's go outside! /Public Transport/ Travelling/ Weather/ Future/ I am planning a trip/ holidays

UNIT 4: Greetings/ Happy birthday/ adverbs/ asking for information

UNIT 5: Able to make suggestions for somebody's health / Healthy eating habits

Mathematics

Exam Date: Thursday, 10th June 2021

Duration: 2h00m **Time:** 08:00-10:00

Topics of revision:

- Working with fractions, Order of operations, Significant figures and decimal places
- Standard form, Percentages, Percentage increase and decrease
- Simplifying algebraic expressions (with and without brackets), Solving equations
- Simplifying fractions, Solving equations, Using formulae, Positive integer indices
- Gradient, Plotting straight line graphs, Conversion graphs
- Straight-line graphs, Sketching, Simultaneous equations
- Triangles, Quadrilaterals, Polygons, Constructions, Similar Triangles
- Set notation, Venn diagrams
- Pythagoras' Theorem, Circle theorems
- Statistical investigation, Presenting data, Misleading data presentation, Averages for discrete data
- Frequency tables, Discrete data, Continuous data
- Prime factors, HCF and LCM, Ratio
- Simple Factorising, Simplifying fractions, Equations with fractions, Simultaneous equations
- Distance-time graphs, Speed-time graphs
- Tangent ratio
- Sine and Cosine ratios, Mixed Questions
- Compound percentages, Inverse percentages
- Using formulae, Change of subject, Further formulae
- Multiply two and three linear brackets, Factorising quadratic expressions, Solving quadratic equations by factorisation, Problems leading to quadratic equations
- Quadratic graphs, Solving quadratic equations by graphing
- Measures of dispersion, Quartiles, Cumulative frequency
- Probability (single events), Experimental probability, Theoretical probability
- Calculators, Estimating, Rounding, Upper and lower bounds
- Representing inequalities graphically, Perpendicular lines, Mid-points, Using Pythagoras' Theorem
- Transformations, Translations, Reflections and rotations, Enlargements, Combined transformations
- Direct and Inverse Proportion, Fractional and negative indices
- Recurring Decimal, Advance Calculator problems



Resources:

- IGCSE (9-1) student book 1
- ALL
- IGCSE (9-1) student book 2 (Handouts)
- Number 6
- Number 7

Science

Exam Date: Tuesday, 8th June 2021

Duration: 1h30m **Time:** 08:00-09:300

The science exam consists of a mix of questions to test your knowledge of the syllabus, your critical thinking and your experimental skills.

Bring the following equipment to the exam.

- ✓ Pen
- ✓ Pencil
- ✓ Calculator
- ✓ Eraser
- ✓ Ruler

Topics of revision:

- Movement of substances
- Inheritance
- Separation of mixtures
- Atomic structure
- Compounds and Formulae
- Forces
- Astrophysics
- Motion



Resources:

Year 3 Science booklet pages: 7 – 48 and 86 – 232

Tips / Comments from the teacher:

- Exam will be divided in 3 sections
- 30 marks Biology, 30 marks Chemistry, 30 marks Physics
- You will need to plot a graph for the Movement of substances chapter
- Note that **Photosynthesis, Phototropism and Sight** are **NOT** included in the exam so you do not need to revise them

Turkish

Exam Date: Wednesday, 9th June 2021

Duration: 1h30m **Time:** 08:00-09:30



Topics of revision:

Anlatım yönünden anlatım bozuklukları	Page 71
Cümleye hakim olan duygular	Page 119
Örtülü anlam	Page 130
Paragrafta konu	Page 206
Paragrafta ana düşünce	Page 206
Paragrafta yardımcı düşünce	Page 206
Paragrafın anahtar kelimeleri	Page 206
Paragrafta başlık	Page 206
Öznel-Nesnel Anlatımlı cümleler	Page 237
Doğrudan Anlatım-Dolaylı Anlatım	Page 238
İkilemeler	Page 249
Söz sanatları: Benzetme, Kişileştirme, Konuşurma, Abartma, Tezat	Page 255
Anlatım Biçimleri (Teknikleri)	Page 261
Düşünceyi Geliştirme Yolları	Page 262
Argumentative genre composition writing (Tartışmacı türde kompozisyon yazımı)	
Discursive genre composition writing (İkna edici türde kompozisyon yazımı)	

How to sit exams effectively

Preparation:

1. Make sure you know all you need to know about the exam: How long is the exam? This information is also added in this Revision Guide.
2. Your teacher will give you many hints about preparing and coping with the exam. They may show you past papers. They may set you practice exam questions in lessons, with a time limit. Time yourself when practising with exam questions.
3. Make sure your writing is legible.
4. Bring the right equipment into the exam room.

Exam days

As the exams get closer, you may begin to feel nervous. Almost everyone does – and that’s normal. If you are beginning to panic, ask yourself why.

If you have done your best and followed your plan, then be calm and confident.

The week before:

1. Check you have the correct dates and times for every exam paper. Put up the timetable at home, so parents can help here.
2. Collect equipment together.
3. Eat well – regular, balanced meals. Remember the importance of a healthy breakfast.
4. Go to bed at reasonable time.
5. Take some regular exercise e.g. go for a walk. It will help reduce tension.
6. Allow yourself time to relax.

Each exam day

1. Give yourself plenty of time to do everything and arrive at school calm.
2. Have a good breakfast (do not drink too much for obvious reasons!)
3. Check the equipment needed. Make sure you have a good quality pen.
4. Arrive at the exam room a few minutes earlier and avoid talking to friends about the exam – that would make you more anxious.

In the exam room

1. Settle yourself down and layout your equipment neatly.
2. Don’t look at other students. Concentrate on feeling calm and ready to do your best.

During the Exam

1. Once you get the exam paper, resist the temptation to start writing at once, even if everyone else is. **Carefully read the instructions.**
2. If there is a choice, tick possible questions; if they look awful, do not panic. Read the questions again. They always make more sense the second time!
3. Re-read the questions and underline a highlight keywords.
4. Notice if any questions have several parts – skipping parts, is throwing marks away.
5. Keep an eye on your watch and use the time wisely. Do not look round at other students
6. Learn to choose the right question (if you have a choice).
7. Read the instructions carefully
8. Try to leave time to check your answers through at the end.


Keep focused on achieving your goals



Revision Schedule

Mon	Tue	Wed	Thu	Fri	Sat	Sun
12 th April 2021	13 th April 2021	14 th April 2021	15 th April 2021	16 th April 2021	17 th April 2021	18 th April 2021
18 th April 2021	19 th April 2021	20 th April 2021	21 st April 2021	23 rd April 2021	24 th April 2021	25 th April 2021
26 th April 2021	27 th April 2021	28 th April 2021	29 th April 2021	30 th April 2021 Orthodox Good Friday	01 st May 2021 Easter Saturday/Labour Day	02 nd May 2021 Orthodox Easter Sunday

Mon	Tue	Wed	Thu	Fri	Sat	Sun
03rd May 2021 Orthodox Easter Monday	04th May 2021	05th May 2021	06th May 2021	07th May 2021	08th May 2021	09th May 2021
10th May 2021	11th May 2021	12th May 2021	13th May 2021	14th May 2021	15th May 2021	16th May 2021
17th May 2021	18th May 2021	19th May 2021	20th May 2021	21st May 2021	22nd May 2021	23rd May 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
24th May 2021	25th May 2021	26th May 2021	27th May 2021	28th May 2021	29th May 2021	30th May 2021
31st May 2021	01st June 2021	02nd June 2021	03rd June 2021	04th June 2021	05th June 2021	06th June 2021
07th June 2021	08th June 2021	09th June 2021	10th June 2021	11th June 2021 Apostolos Varnavas	12th June 2021	13th June 2021